

# Voices News

October 2024



## Monthly newsletter

Voices are delighted to be launching our new monthly newsletter, keeping you updated about our work and ways for you to get involved.

If you'd like to be added to our mailing list, please email [info@voicescharity.org](mailto:info@voicescharity.org)

## Dates for your diary:

20/10/24	Charity skydive
07/12/24	Christmas fete
13/12/24	Voices' Christmas market stall
23/12/24	Voices' closes for Christmas
06/01/25	Voices reopens for the New Year
16/03/25	Bath Half marathon

## Christmas Fete planning!

Is it too early to talk about Christmas?!

Voices are very excited to be hosting a Christmas fete on Saturday 7th December at Elim Church, Bath (opposite the Charlotte Street car park).

The fete will feature stalls, activities, games, hot chocolates, and refreshments, and we are particularly delighted that Santa has agreed to come!

Children will have the chance to meet Santa and receive a small gift, for just £6.

We're looking for volunteers to help us, both with the planning and on the day - if you're interested, please let Tara know. You can also help by donating items for our raffle and tombola, and good-condition soft toys for our teddy orphanage.

## Training

Voices will be launching three new training courses by the end of this year:

- Domestic Abuse Awareness (Half day)
- Domestic Abuse specialist practitioner (Full day)
- Trauma Informed Practice (Full day)

***We are greatly looking forward to sharing our expertise and knowledge - and seeing this area of our work develop over the coming year.***

***If you're interested in booking our training, please contact Emily by emailing: [emily@voicescharity.org](mailto:emily@voicescharity.org)***



We are delighted to welcome three new team members to Voices:

Nayana Jaidev joins us for one year as our Charity Support Officer as part of her psychology degree.

Lindsay Hughes has now officially joined our team as our Clinical Lead and Therapist.

Finally, Victoria Crewes is with Voices for three months on placement as she trains to be a Social Worker.

## **Fundraising and Development Manager**

We are in the process of recruiting a new Fundraising and Development Manager, who will help us secure Voices' financial future.

Interviews are scheduled for 10th October 2024. We are looking for two or three people with lived experience to take part in the interviews. If you're interested please email Emily: [emily@voicescharity.org](mailto:emily@voicescharity.org)

## **Strategic Development:**

A huge thank you to everyone who engaged with our strategic consultation and public survey recently. The insights provided about the work of Voices and the difference the charity has made have been invaluable.

We are still in the midst of designing our new strategy for the coming five years but look forward to sharing this with you in the near future!

## **CSquared Spinathon:**

We'd like to say a very special thank you to CSquared for their phenomenal spinathon challenge in August!

They raised an incredible £1325.05 for Voices - pedaling the equivalent route from Bristol to Paris in just one day!

Pictured here are some of the incredible team, joined by the Deputy Lord Mayor of Bristol:



## **Breathe Free:**

We are launching a new group work course in November 2024. This shorter course, lasting six weeks, is called Breathe Free and is focused on helping participants better understand trauma, how it might impact us, and learn ways to manage our trauma symptoms.

Breathe Free can be a stand-alone intervention but might also work well between the Freedom programme and the Recovery Toolkit.

## **A note from our CEO:**

It's hard to believe that I have now been in role for six months - and I wanted to take the opportunity of this first newsletter to thank you all for your support and kindness since I began in role.

Voices is an incredibly special place and I feel very fortunate to have joined it!

Over the coming months, we are going to be expanding some of our fundraising activities, and hopefully introducing some new ways for people to get involved.

If you'd like to talk about anything, please do get in touch - you can email me directly: [emily@voicescharity.org](mailto:emily@voicescharity.org)

**And finally, a special thank you to our Lived Experience Group, for continuing to share your insights, knowledge and expertise - informing not just our work, but also those of our partner agencies.**

